



# *6<sup>th</sup> International Congress of the Asia-Pacific Metabolic and Bariatric Surgery Society*

## FINAL ANNOUNCEMENT

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Singapore  
October 21 - 23, 2010

[www.apmbss2010.com](http://www.apmbss2010.com)





## **IMPORTANT DATES**

### **Deadline for Early Bird Registration**

*Aug 15, 2010*

### **Deadline for Abstracts**

*Aug 15, 2010*

### **Notification of Accepted Abstracts**

*Sept 15, 2010*

### **Opening Ceremony**

*Oct 22, 2010 at 9.00am*

### **Faculty Dinner**

*Oct 22, 2010 at 7.30pm*

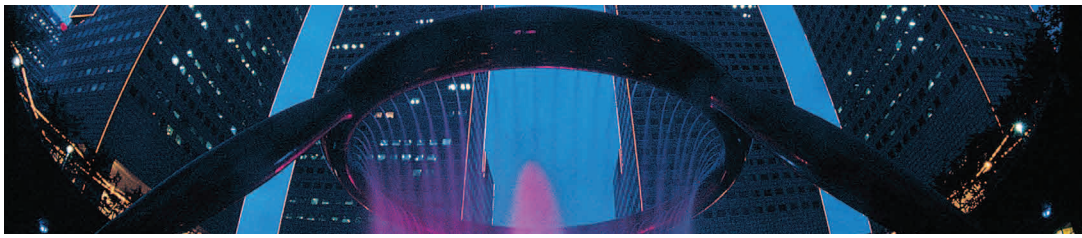
### **Main Congress**

*Oct 22-23, 2010*

### **APBMSS Executive Committee Meeting**

*Oct 22, 2010 at 4.30pm*





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## **WELCOME MESSAGE**

Welcome to the 6th International Congress of the Asia-Pacific Metabolic & Bariatric Surgery Society.

A yearly appointment to share experience and knowledge on one of the biggest challenges for healthcare in the 21st century: The Biennial Congress of the APMBSS is becoming a key event in our region serving as a platform by which surgeons, endocrinologists, physiotherapist and all colleagues involved in the treatment of obesity get together to share personal and institutional experiences as well as address the controversies in the management of these multidisciplinary disease.

Scientific Programme will be on pathophysiology, medical and surgical treatment multidisciplinary approach to metabolic syndrome. State-of-the-Art-Lectures by world renowned surgeons will highlight on the different treatment modalities. Surgical complications, new development in surgical devices and the comparison of various surgical treatments.

A Pre-Congress Workshop will give the opportunity to experience hands-on training, high quality video forum and live surgery sessions to witness various “tricks and secrets of the trade” directly from the experts. Conducted and supervised by no less than world experts, the Pre-Congress workshop is an added attraction to all the Delegates.

The congress will likewise provide an avenue for all the delegates to share their own experiences by presenting their own clinical and research work.

We invite all of you to join us in Singapore for this memorable event of 2010.

***Daive Lomanto***  
*Congress President*

***Jimmy BY So***  
*Congress Secretary*



## INVITATION FROM THE APMBSS PRESIDENT

Dear colleague,

On behalf of the Asia Pacific Metabolic and Bariatric Surgery Society (APMBSS), I would cordially invite you to participate in our congress, to be held in Singapore from Oct 21st to 23rd 2010.

It provides me great pleasure to see the rapid growth of bariatric surgery in this region as well as the development of gastro-intestinal metabolic surgery since the founding of APMBSS five years ago. We had successful meetings in Taipei, New Delhi, Kuala Lumpur and Shanghai in the past four years. This time, we are going back to the beautiful island where our society registered, Singapore. With the colorful, charming harbor seascape and advanced technology, Singapore will impress everyone with this meeting.

It is my great honor and pleasure to be the founding and honorary President of APMBSS. I believe our Society will continue and address the major issues that confront countries and people in this region.

I appreciate the enormous help on the Society from all of you.

Thank you once again.

***Wei-Jei Lee***

*President*

*Asia Pacific Metabolic and Bariatric Surgery Society*



## APMBSS Executive Committee

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### **President**

Wei-Jei Lee (*Taiwan*)

### **President-Elect**

Pradeep Chowbey (*India*)

### **Secretary General**

Davide Lomanto (*Singapore*)

### **Treasurer**

Fred Zheng (*China*)

### **Governor's Board**

James Toouli (*Australia*)

Fred Zheng (*China*)

Wilfred Lik Man Mui (*Hong Kong*)

Simon Wong (*Hong Kong*)

### **(APBSS Newletters)**

Pradeep Chowbey (*India*)

Muffazal Lakdawala (*India*)

### **(APBSS Registry and Website)**

Barlian Sutedja (*Indonesia*)

Errawan Wiradisuria (*Indonesia*)

Kawamura Isao (*Japan*)

Kazunori Kasama (*Japan*)

Yul Hur Kyung (*Korea*)

Sang-Kuon Lee (*Korea*)

Ali Yaakub Jasmi (*Malaysia*)

Kin Fah Chin (*Malaysia*)

Saeed Quraishy (*Pakistan*)

Allen A Buenafe' (*Philippines*)

Hildegardes Dineros (*Philippines*)

Al Dohayan A (*Saudi Arabia*)

Jimmy BY So (*Singapore*)

Chin-Kun Huang (*Taiwan*)

Theerapol Angkoolpakdeekul (*Thailand*)

Paisal Pongchairerks (*Thailand*)

Rolf Hartung (*UAE*)

### **Co-Opt**

Harry B. Frydenberg (*Australia*)

Shashank Shah (*India*)



## **APMBSS Congress Committee**

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**President:** Davide Lomanto

**Secretary:** Jimmy BY So

### **Local Organizing Committee**

#### **Advisor**

Thiow Kong Ti  
Beng Hea Tey

#### **Members**

Andrew Wong  
Anton Cheng  
Asim Shabbir  
Cheryl Tong  
Eric Gan  
Haridas Baladas  
Rajat Goel  
Marilou B Fuentes  
Kok Onn Lee  
Chin Meng Khoo  
Khong Hee Lim  
Hock Soo Ong  
Shanker Pasupathy  
Lin Lin Su  
Chek-Siang Foo  
Alembert Lee Ong  
Cherie Tong

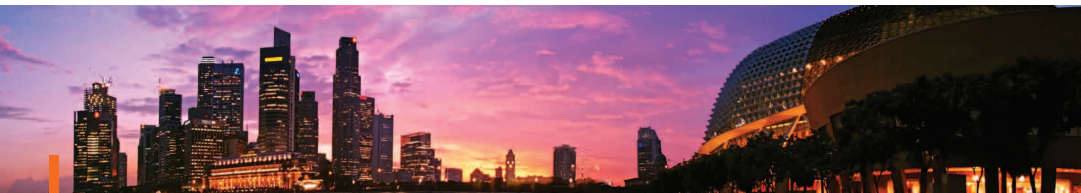
#### **Secretariat**

Norizan Salim

### **International Scientific Committee**

Wei-Jei Lee  
Muffazal Lakdawala  
Pradeep Chowbey  
Kazunori Kasama  
Seigo Kitano  
Sayeed Ikramuddin  
Chih-Kun Huang  
Eldo Frezza  
Rajesh Khullar





## \* *Invited Faculty*

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### **Australia**

Paul O'Brien

### **Belgium**

Giovanni Dapri  
Luc Lemmens

### **China**

Fred Zheng

### **Hong Kong**

Enders Ng  
Simon Wong

### **India**

Pradeep Chowbey  
Muffazal Lakdawala  
Rajesh Kullar  
Shashank Shah

### **Indonesia**

Barlian Sutedja

### **Italy**

Nicola Basso

### **Japan**

Seigo Kitano  
Kazunori Kasama

### **Malaysia**

Ali Yaakub Jasmi

### **Netherlands**

Jan Willem Greve

### **Singapore**

Beng Hea Tey  
Yung Sheng Lee

### **South Korea**

Sang-Kuon Lee

### **Taiwan**

Wei-Jei Lee  
Chih-Kun Huang

### **Thailand**

Paisal Pongchaierts

### **USA**

Sayed Ikramuddin  
Noel Williams  
Eldo Frezza

### **Philippines**

Hildesgardes Dineros

\* *TBC*





## *Scientific Programme Highlights*

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### *State-of-the-Art Lectures*

- Obesity in Asia- What should we do about it?  
*Wei-jei Lee, Taiwan*
- Obesity Therapy- Lessons learned and the future  
*Paul O'Brien, Australia*

### *Symposia*

- Obesity Research
- Revisional Surgery
- Epidemiology
- Managing Complications
- Multidisciplinary program
- Metabolic Surgery
- Allied Health Care

### *Video Sessions*

Operative videos will be shown during these sessions. These videos include both unedited clips as well as submissions accepted for congress presentation. Delegates will benefit from observing state-of-the-art surgical techniques for obesity surgery.

### *Free Paper And Poster Presentation*

All abstracts will be reviewed by the Scientific Committee according to topic category. Accepted abstracts will be allocated to oral or poster presentation based on the submitters' choices.

\* TBC

Time	Topic	Speaker	Theatrette
09:00 - 09:30	Opening Ceremony		
09:30 - 10:00	<b>Presidential Lecture</b> <b>Obesity In Asia:What Should We Do About It</b>	Wei-Jei Lee	
10:00 - 10:30	Break		
10:30 - 12:30	<b>Symposium 1:</b> <b>Obesity Epidemiology In Asia-Pacific</b>  Etiology & Genetics Of Obesity  <b>Problem Of Obesity In Asia-Pacific Region</b>  <i>Data from Indonesia</i> <i>Data from Taiwan</i> <i>Data from Hong Kong</i> <i>Data from Thailand</i> <i>Data from Malaysia</i> <i>Data from Singapore</i> <i>Data from India</i> <i>Data from Japan</i> <i>Data from China</i> <i>Data from Philippines</i> <i>Data from S Korea</i>	Yung-Sheng Lee  Barlian Sutedja Wei-Jei Lee Enders Ng Paisal Pongchaierks Ali Yaakub Jasmi * Pradeep Chowbey Seigo Kitano Fred Zheng Hildesgardes Dineros Sang-Kuon Lee	
13:00 - 14:00	<b>Lunch Symposium *</b>		
14:00 - 15:00	<b>Symposium 2:</b> <b>Multidisciplinary Weight Management Program</b>  How To Set Up A Multi-Disciplinary Program Best Medical Treatment For Obesity Establish Clinical Pathway & Accreditation Of Obesity Program Anesthetic And Sleep Apnea Issues In The Morbidly Obese Patient	Noel Williams Beng Hea Tey Chih-Kun Huang  Noel Williams	
15:00 - 15:30	Break		
15:30 - 16:30	<b>Symposium 3:</b> <b>Bariatric Surgery: Restrictive Procedures</b>  Adjustable Gastric Banding:The State Of Art Best Technique For Sleeve Gastrectomy Indication & Result After Sleeve Gastrectomy Band Complications & How To Deal With It	Paul O'Brien Rajesh Kullar Nicola Basso Paisal Pongchaierks	Free Paper
16:30 - 17:30	<b>Debate: Gastric Sleeve Will Be Replacing The Band</b> <i>Moderator: Davide Lomanto</i>	For: Muffazal Lakdawala Against: Paul O'Brien	
17:30 - 18:30	<b>APMBSS Executive Committee Meeting</b>		
* TBC			

# Scientific Programme

Main Symposium (Auditorium) *October 23, 2010*

Time	Main Symposium (Auditorium)	Speaker	Theatrette	
09:00 - 09:30	<b>Apmbs Distinguished Lecture</b> <b>Obesity Therapy: Lessons Learned And The Future</b>	Paul O'Brien	Allied Health Care Symposium	
09:30 - 10:00	<b>Symposium 4:</b> <b>Malabsorptive Procedures</b>  How Does Bariatric Surgery Work Best Technique For Rygb And Mini-Gastric Bypass Result & Follow Up Of Rygb Laparoscopic Bilopancreatic Diversion (Bpd): How Do I Do It?	Eldo Frezza Wei-Jei Lee Sayeed Ikramuddin Luc Lemmens		
10:00 - 10:30	Break			
10:30 - 11:30	<b>Debate: Malabsorptive Procedure Should Be The 1st Choice For All Obese Patients?</b> <i>Moderator: Jimmy BY So &amp; Wei-Jei Lee</i>	For: Sayeed Ikramuddin Against: Pradeep Chowbey		
11:30 - 12:30	<b>Symposium 5:</b> <b>Managing Complications &amp; Revisional Surgery</b>  Inadequate Weight Loss After Surgery: What To Do Revisional Surgery For Failed Restrictive Procedures Minimize The Risk Of Bariatric Surgery Endoluminal Revisions In Bariatric Surgery: Different Devices And Results	Shashank Shah Nicola Basso Luc Lemmens Giovanni Dapri		
12:30 - 14:00	<b>Lunch Symposium *</b>			
14:00 - 15:00	<b>Symposium 6:</b> <b>Interventions For Diabetes Mellitis</b>  Best Medicine For Diabetes Mellitus Effect Of Various Bariatric Procedures For Diabetes Mellitus Mechanisms Of Diabetes Mellitus Amelioration After Bariatric Surgery Surgery For Asian T2 Diabetes Mellitus	Chin-Meng Khoo Eldo Frezza  Jan Willem Greve  Kazunori Kasama		
15:00 - 15:30	Break			Free Paper
15:30 - 16:30	<b>Symposium 7:</b> <b>Endoluminal &amp; Novel Therapy</b>  Endoscopic Therapy For Obesity Endoluminal Sleeve For Type 2 Dm & Obesity Current Result Of Intra-gastric Ballon Single Port Bariatric Surgery Electric Modulation For Obesity Treatment	Sayeed Ikramuddin Jan Willem Greve Seigo Kitano Chih-Kun Huang Simon Wong		
16:30	End of Congress			

# Scientific Programme

Allied Health Care Symposium *October 22, 2010*

The symposium is dedicated to dietitians, physiotherapists, OR nurse, behaviour specialist and all Allied Health Care provider involved in the weight management programme. Experts from different countries will share knowledge with all participants on their experience.

Time	Topics
09:30	Myths & Fallacies Surrounding Popular Diet Or Weight Loss Regimens
09:50	Prescribing Physical Activity For Obese / Overweight Individuals
10:10	Psychological Considerations And Behavioural Therapy For Obese Patients
10:30	Discussion
10:40	Tea Break
11:00	Patient Selection & Procedure Selection In Bariatric Surgery
11:20	Role Of The Nutritionist For Optimum Results Prior To Bariatric Surgery
11:40	Post Operative Nutrition In Bariatric Surgery
12:00	Discussion
12:30	End





# How To Get To Congress Venue

## Main Congress at Biopolis



### By Car

- Travelling on AYE from City
- Exit left at Exit 8 North Buona Vista/ NUH
- Keep to the right lane and turn right at traffic light. Drive straight towards North Buona Vista Road
- Pass 4 traffic lights; turn right into North Buona Vista Drive
- Travelling on AYE from Jurong
- Exit right at Exit 8 North Buona Vista/ NUH. Keep to the right lane and turn right at traffic light
- Drive straight towards North Buona Vista Rd
- Pass 3 traffic lights, turn right into North Buona Vista Drive

### By Bus

- Bus Services along : 91, 92, 95, 74, 191, 196, 198, 200

### By MRT

- Board the East-West line and alight at Buona Vista MRT Station
- Biopolis free shuttle bus service (details below) can be taken at the bus stop in front of Ministry of Education (MOE). Alight at the third stop in front of Genome lobby. Matrix building is opposite of Genome building
- It would take 5-10 minutes to walk from MOE bus stop to Matrix Building

## Pre-Congress Workshop at National University Hospital



### By Car

- From Ayer Rajah Expressway (AYE)... Turn off at Exit 8 on to South Buona Vista Road and then to Lower Kent Ridge Road
- From East Coast Expressway (ECP)... The ECP connects to the Ayer Rajah Expressway (AYE). Turn off at Exit 8 to South Buona Vista Road and then to Lower Kent Ridge Road

### By Bus

- From Ayer Rajah Expressway (AYE) Bus Stop, you can take: SBS Transit Bus Service No. 97, 197, Express 507, SMRT Bus Service No. 963
- From Bus Stop after AYE Exit 8 (road connecting to North Buona Vista Road), you can take: SBS Transit Bus Service No. 14, 33
- From North Buona Vista Road Bus Stop (outside Science Park I), you can take: SBS Transit Bus Service No. 92, 200
- \* Free Shuttle Bus Service between Dover MRT Station (Passenger Pick-up Point opposite Singapore Polytechnic) and NUH is provided for visitors and patients.

### By MRT

- Bus transfer service (bus stop opposite Buona Vista MRT is along the same road as MOE Building) is available via SBS Transit service no. 95(A), 92(A) and 200.
- Free NUH shuttle bus service at Dover MRT station (Passenger Pick-up Point opposite Singapore Polytechnic)



## **PRE-CONGRESS WORKSHOP**

**Advanced Bariatric Surgery** *October 21, 2010*

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### **Objectives**

This is a one-day program offering a comprehensive overview on the single management of obese patients. We will focus on the technical aspect of laparoscopic obesity surgery through a multidisciplinary approach for the treatment of morbid obesity (gastric bypass, sleeve gastrectomy and gastric banding, etc).

Upon completion of this course, participants should be able to:

- \* Identify important elements necessary to start and maintain a successful bariatric surgery program
- \* Describe technical aspects of each surgical technique
- \* Identify the common complications and its management after bariatric surgery

### **Coordinator**

Asim Shabbir (*Singapore*)

### **Faculty**

Chih-Kun Huang (*Taiwan*)

Muffazal Lakdawala (*India*)

Dr Pradeep Chowbey (*India*)

Dr Sayeed Ikramudin (*USA*)

Kazunori Kasama (*Japan*)

Shashank Shah (*India*)

Giovanni Dapri (*Belgium*)

### **Workshop Highlights**

#### **Lectures**

- Essentials of a Bariatric Program
- Outcomes and management of complications
- Obesity Surgical Procedures
- Metabolic Surgery

#### **Video Masterclass**

#### **Hands-On Training On Live Tissue**

- Sleeve Gastrectomy
- Gastric Banding
- Roux-en-y Gastic Bypass
- Intra-gastric Balloon



<b>Course Fee</b>	<b>Before 15 June</b>	<b>After 15 June</b>
Pre-Congress Workshop Only	SGD 1000.00	SGD 1200.00

- Limited number of participants. First come first serve.

### ***Cancellation Policy***

Cancellation will be accepted in writing to the Congress Secretariat.

- o Written cancellation received by August 15, 2010:  
*No cancellation fee minus SGD 50.00 for administration cost*
- o Written cancellation received by September 10, 2010:  
*50% cancellation fees of the total cost applies.*
- o Written cancellation received after September 30, 2010:  
*No cancellation and refunds can be made.*

### ***Accommodations***

Please refer to our website [www.apmbss2010.com](http://www.apmbss2010.com) for room reservation.







## **CONGRESS INFORMATION**

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### ***Call for Abstracts***

All participants are invited to submit abstracts for presentation in Free Paper /Poster.

Abstract of scientific papers are invited and should relate to one of the following topics:

- Obesity Epidemiology
- Multidisciplinary Weight Management Program
- Bariatric Surgery: Restrictive procedures
- Managing complications & Revisional surgery
- Interventions for Diabetes Mellitus
- Endoluminal & Novel Therapy

Please submit your abstract online at [info@apmbss2010.com](mailto:info@apmbss2010.com). Abstracts should be in English and should not exceed 250 words. Deadline for submission is on **Aug 15, 2010**.

### ***Conference Date and Venue***

#### ***Pre-Congress Workshop***

Date :21 October 2010

Venue: Advanced Surgery Training Centre, National University Hospital Kent Ridge Wing Level 2

#### ***Main Congress***

Date: 22-23 October 2010

Venue: Biopolis (Shared Facilities), 30 Biopolis Street, Matrix, Auditorium, Level 2 & 2M, Singapore 138671

### ***Official Language***

The official language of the congress is English. There will be no simultaneous interpretation.

### ***Accreditation Points***

CME credits will be awarded to participants.





## Trade Exhibition

An exhibition of pharmaceutical products, medical equipments and books will be held throughout the congress period.

For participation of exhibition and sponsorship, please visit our website at <http://www.apmbss2010.com/exhibition.html>

## Dress Code

Attire is formal – coat & tie for men and as appropriate for ladies. Outside official functions, lighter clothing is advisable.

## Registration Fees

Registration Fee/Information

<b>Congress Only</b>	<b>Before 31 July</b>	<b>After 31 July</b>
Members of the APBMSS	SGD 400.00	SGD 600.00
Non-member of the APBMSS	SGD 500.00	SGD 800.00
Residents **	SGD 250.00	SGD 300.00
Allied Health	SGD 100.00	SGD 100.00

<b>Combined Congress &amp; Workshop</b>	<b>Before 31 July</b>	<b>After 31 July</b>
Members	SGD 1400.00	SGD 1800.00
Non-member	SGD 1500.00	SGD 2000.00
Residents **	SGD 1250.00	SGD 1500.00

Registration fee includes:

Participation in the scientific program, congress material, coffee during breaks, Opening Ceremony, Welcome Reception and Congress Banquet. The fee includes taxes.

- This rate includes the APMBSS Membership Fee.

\*\* Residents are requested to provide proof of residency from their institution. Without this documentation, full fee applies.



## **GENERAL INFORMATION**

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### ***Singapore Highlights***

Situated at one of the most important crossroads of the world, Singapore is a vibrant and cosmopolitan city-state where tradition and modernity, East and West meet and mingle most agreeably and harmoniously.

When it comes to fun, Singapore is your tropical playground, where there is so much to discover and experience. To whet your appetite, there is a wide choice of cuisine from all over the world found right here in this gourmet paradise. Besides this, a wide choice of leisure experiences awaits you, from spa treatments to pub-hopping, sightseeing, trishaw rides, non-stop shopping and attractions galore. And for your entertainment pleasure, there is an array of cultural and modern dance, theatre concerts and world class musicals found in this city for the Arts. This trendy city keeps you entertained non-stop, where the world comes together for pure enjoyment.

### ***Currency***

The local currency is Singapore dollars. Foreign currency can easily be exchanged at the airport, hotels, banks or licensed money changers. All major credit cards are accepted: Mastercard, Visa, American Express, Diners Club, and JCB.

### ***Banking / Currency Exchange***

Banking hours are: Monday to Friday, 10am – 3pm; Saturday 9:30am – 1pm. Travelers' checks/cheques and foreign currencies may be changed at most banks and licensed money changers.

### ***Language***

English, Malay, Mandarin and Tamil are the four official languages. English is the official language of the Forum and is also the common business language.

### ***Passport & Visas***

A valid passport is required for entry into Singapore. Please check your visa requirements with your travel agent or airline.



For more information on visa requirements for entry into Singapore, or to find out more about the types of visas and to download the necessary application forms please go to: [http://app.ica.gov.sg/travellers/entry/visa\\_requirements.asp](http://app.ica.gov.sg/travellers/entry/visa_requirements.asp)

### ***Water***

It is perfectly safe to drink water straight from the tap in Singapore. Bottled mineral water is also readily available.

### ***Climate***

Singapore has a pleasant, tropical climate year round, varying from an average of 26 - 32 degrees Celsius during the day to 22 - 27 degrees Celsius in the evenings. It is not unusual to have intermittent showers on a sunny day but the showers rarely last long and they provide a cool respite.

### ***Tipping***

Tipping is not very common in Singapore. It is prohibited at the airport and discouraged at hotels and restaurants, as most have already added a 10% service charge to the bill. Taxi drivers also do not get tipped.

### ***Insurance***

It is recommended that you obtain comprehensive travel insurance.

### ***Electricity***

Singapore uses a 220-240 volts AC, 50 cycles per second system. The Shangri-La Hotel can provide visitors with a transformer, which can convert the voltage to 110-120 volts, 60 cycles per second. Or adapters to suit various plug types.

### ***Time***

Singapore time is 8 hours ahead of Greenwich Mean Time. Further information about Singapore can be found at:

<http://www.visitsingapore.com>